

2003 - 2009 Can Lake 50 Finishers

2003-2009 Race Times

Report any errors or omissions to Tom Perry (tperry01@rochester.rr.com)

All Time 50 Miles Around the Lake

All Women - 50 Mile

Rank	Last Name	First Name	Age	Year	Race	Time	Pace	Overall	Category	Place	City	State
1	Cherniak	Daniele	41	2003	50 Mile	7:11:05	08:37	1	W 40-49	1	Cohoes	
2	Harman	Becky	37	2006	50 Mile	7:15:40	08:43	1	W 18-39	1	Willseyville	
3	Stettler	Katherine	41	2006	50 Mile	7:46:41	09:20	4	W 40-49	1	Ithaca	
4	Perry	Jill	37	2008	50 Mile	7:50:51	09:25	9	W 18-39	1	Manlius	
5	Humphreys	Kimberley	37	2005	50 Mile	8:14:57	09:54	5	W 18-39	1	Amherst	NH
6	Schaffer	Lisa	46	2007	50 Mile	8:21:43	10:02	7	W 40-49	1	Hanover	PA
7	Tily	Lorrie	45	2006	50 Mile	8:33:06	10:16	9	W 40-49	2	Locke	
8	Finney	Cathy	33	2006	50 Mile	8:35:09	10:18	11	W 18-39	2	Ocean Grove	NJ
9	White	Nichole	33	2004	50 Mile	8:38:48	10:23	7	W 18-39	1	East Aurora	
10	Varlamova	Olga	33	2003	50 Mile	8:41:06	10:25	5	W 18-39	1	Dobbs Ferry	
11	Jozefski	Diane	42	2006	50 Mile	8:42:45	10:27	13	W 40-49	3	Rochester	
12	Friedman	Christina	39	2008	50 Mile	8:45:30	10:31	15	W 18-39	2	Niskayuna	
13	Saeva	Darlene	47	2006	50 Mile	8:45:39	10:31	14	W 40-49	4	Rochester	
14	Rapp	Kimberly	41	2005	50 Mile	8:52:43	10:39	10	W 40-49	1	Macedon	
15	Hurdman	Elizabeth	52	2009	50 Mile	8:54:48	10:42	10	W 50-59	1	Toronto	ON
16	Hawley	Angie	42	2009	50 Mile	9:06:30	10:56	12	W 40-49	1	Mississauga	ON
17	Prewitt	Anne Marie	40	2009	50 Mile	9:08:41	10:58	14	W 40-49	2	Eliot	ME
18	Hurdman	Elizabeth	48	2005	50 Mile	9:12:11	11:03	13	W 40-49	2	Toronto	CN
19	Jozefski	Diane	40	2004	50 Mile	9:26:30	11:20	18	W 40-49	1	Rochester	
20	Fromm	Anita	33	2004	50 Mile	9:26:30	11:20	18	W 18-39	2	Edwards AFB	CA
21	Casanave	Dana	28	2009	50 Mile	9:28:35	11:22	18	W 18-39	1	Leesburg	VA
22	Agnolutto	Amy	21	2007	50 Mile	9:29:23	11:23	15	W 18-39	1	Grantham	PA
23	Hale	Leslie	57	2009	50 Mile	9:40:16	11:36	19	W 50-59	2	Houston	TX

24	Jozefski	Diane	41	2005	50 Mile	9:44:33	11:41	17	W 40-49	3	Rochester	
25	Maio-Wade	Suzanne	48	2006	50 Mile	9:59:43	12:00	21	W 40-49	5	Rochester	
26	May	Brenda	44	2009	50 Mile	10:04:11	12:05	21	W 40-49	3	Lowman	
27	Palmieri	Theresa	45	2008	50 Mile	10:20:51	12:25	27	W 40-49	1	Buffalo	
28	McGriff	Dawn	46	2008	50 Mile	10:41:00	12:49	30	W 40-49	2	Bradford	PA
29	Chavez	Christina	34	2006	50 Mile	10:47:23	12:57	27	W 18-39	3	Canandaigua	
30	Hedges	Kristen	24	2006	50 Mile	10:47:28	12:57	28	W 18-39	4	Cheektowaga	
31	Stevens	Christine	31	2009	50 Mile	10:50:58	13:01	27	W 18-39	2	Newark	
32	May	Brenda	42	2007	50 Mile	10:51:47	13:02	27	W 40-49	2	Lowman	
33	Lyons	Carrie	37	2009	50 Mile	10:54:12	13:05	29	W 18-39	3	Geneseo	
34	Adams	Elizabeth	37	2009	50 Mile	10:54:12	13:05	30	W 18-39	4	Geneseo	
35	Redding	Deborah	55	2009	50 Mile	10:58:17	13:10	31	W 50-59	3	Teaneck	NJ
36	McMullen	Heidi	27	2007	50 Mile	11:04:00	13:17	28	W 18-39	2	East Rochester	
37	Fleming	Katherine	38	2009	50 Mile	11:15:54	13:31	32	W 18-39	5	Brockport	
38	Fennie	Karen	48	2007	50 Mile	11:16:52	13:32	32	W 40-49	3	Binghamton	
39	Bauza	Lori	48	2005	50 Mile	11:29:37	13:47	24	W 40-49	4	Fredonia	
40	Hillery	Peggy	45	2005	50 Mile	11:33:27	13:52	25	W 40-49	5	Hamburg	
41	Stevens	Christine	30	2008	50 Mile	11:43:33	14:04	35	W 18-39	3	Newark	
42	Gerstein	Jean	57	2007	50 Mile	11:49:05	14:11	35	W 50-59	1	Chagrin Falls	OH

All Men - 50 Mile

Rank	Last Name	First Name	Age	Year	Race	Time	Pace	Overall	Category	Place	City	State
1	Baum	Todd	46	2004	50 Mile	6:47:36	08:09	1	M 40-49	1	Fayetteville	
2	McDowell	Andrew	41	2007	50 Mile	7:00:47	08:25	1	M 40-49	1	Downingtown	PA
3	Rice	Andrew	38	2004	50 Mile	7:01:52	08:26	2	M 18-39	1	Canandaigua	
4	Housel	Ed	49	2008	50 Mile	7:03:27	08:28	1	M 40-49	1	Rochester	
5	Irvan	Josh	37	2007	50 Mile	7:05:27	08:30	2	M 18-39	1	Brookhaven	PA
6	Chaffin	Matthew	40	2008	50 Mile	7:08:11	08:34	2	M 40-49	2	Manlius	
7	Jaffe	Joseph	45	2009	50 Mile	7:13:21	08:40	1	M 40-49	1	Geneva	
8	Dominie	Dan	44	2008	50 Mile	7:17:05	08:44	3	M 40-49	3	Canton	
9	Baum	Todd	50	2008	50 Mile	7:18:14	08:46	4	M 50-59	1	Fayetteville	
10	McGovern	William	49	2008	50 Mile	7:20:30	08:49	5	M 40-49	4	Marathon	
11	Dominie	Dan	41	2005	50 Mile	7:22:13	08:51	1	M 40-49	1	Canton	

12	Jaffe	Joseph	42	2006	50 Mile	7:24:20	08:53	2	M 40-49	1	Rochester	
13	McGovern	William	50	2009	50 Mile	7:25:36	08:55	2	M 50-59	1	Marathon	
14	Munoz	Ramiro	47	2005	50 Mile	7:26:31	08:56	2	M 40-49	2	Elmhurst	
15	Housel	Ed	48	2007	50 Mile	7:27:06	08:56	3	M 40-49	2	Rochester	
16	Dore	Justin	40	2009	50 Mile	7:28:44	08:58	3	M 40-49	2	Bethesda	MD
17	Martin	John	40	2008	50 Mile	7:29:34	08:59	6	M 40-49	5	Chagrin Falls	OH
18	Stephens	Scott	33	2009	50 Mile	7:32:26	09:03	4	M 18-39	1	Ottawa	ON
19	Jaffe	Joseph	43	2007	50 Mile	7:32:57	09:03	4	M 40-49	3	Rochester	
20	Mathis	Darren	34	2008	50 Mile	7:34:25	09:05	7	M 18-39	1	Penfield	
21	Carr	Jeffrey	50	2008	50 Mile	7:37:24	09:09	8	M 50-59	2	Auburn	MA
22	Dominie	Dan	43	2007	50 Mile	7:41:06	09:13	5	M 40-49	4	Canton	
23	Hultquist	Daryl	39	2009	50 Mile	7:42:40	09:15	5	M 18-39	2	Gaithersburg	MD
24	O'Dell	Ryan	21	2006	50 Mile	7:43:46	09:16	3	M 18-39	1	Rochester	
25	McDougall	Dennis	54	2004	50 Mile	7:44:17	09:17	3	M 50-59	1	Union City	PA
26	Rech	Dan	33	2007	50 Mile	7:46:18	09:20	6	M 18-39	2	Freeville	
27	Rice	Andrew	40	2005	50 Mile	7:46:41	09:20	3	M 40-49	3	Canandaigua	
28	Rice	Andrew	41	2006	50 Mile	7:48:05	09:22	5	M 40-49	2	Canandaigua	
29	Burns	William	37	2006	50 Mile	7:48:44	09:22	6	M 18-39	2	Cary	NC
30	Clements	Michael	25	2008	50 Mile	7:50:53	09:25	10	M 18-39	2	Mishawaka	IN
31	Riexinger	Bruce	44	2008	50 Mile	7:51:09	09:25	11	M 40-49	6	Lancaster	
32	Aroneanu	Andrei	52	2006	50 Mile	7:53:54	09:29	7	M 50-59	1	Ridgewood	
33	Batchen	Jay	36	2005	50 Mile	7:55:23	09:30	4	M 18-39	1	Victor	ID
34	Kim	David	43	2004	50 Mile	7:58:34	09:34	4	M 40-49	2	Webster	
35	Hemsky	John	34	2003	50 Mile	8:01:05	09:37	2	M 18-39	1	Fort Thomas	KY
36	Kruse	Richard	50	2004	50 Mile	8:01:45	09:38	5	M 50-59	2	Newark	DE
37	Rice	Andrew	38	2003	50 Mile	8:03:58	09:41	3	M 18-39	2	Canandaigua	
38	Cardus	Michael	29	2006	50 Mile	8:04:31	09:41	8	M 18-39	3	Buffalo	
39	Delaney	John	49	2003	50 Mile	8:19:13	09:59	4	M 40-49	1	Rome	
40	Creatura	Lawrence	38	2004	50 Mile	8:27:08	10:09	6	M 18-39	2	Mendon	
41	Lynn	Jeff	37	2005	50 Mile	8:29:01	10:11	6	M 18-39	2	Slippery Rock	PA
42	Rusin	Robert	47	2005	50 Mile	8:31:05	10:13	7	M 40-49	4	Clarence	
43	Murray	Brian	44	2007	50 Mile	8:34:03	10:17	8	M 40-49	5	Newfane	
44	Quell	Carsten	42	2009	50 Mile	8:34:51	10:18	6	M 40-49	3	Ottawa	ON

45	Penney	Michael	47	2006	50 Mile	8:35:09	10:18	10	M 40-49	3	Arlington	VA
46	Aufschlager	Paul	44	2008	50 Mile	8:35:38	10:19	12	M 40-49	7	East Amherst	
47	O'Flaherty	Dan	54	2005	50 Mile	8:35:47	10:19	8	M 50-59	1	Maplewood	NJ
48	Page	Stephen	56	2006	50 Mile	8:36:44	10:20	12	M 50-59	2	Oneonta	
49	Reynolds	Josh	28	2007	50 Mile	8:42:08	10:27	9	M 18-39	3	Rochester	
50	Fornoff	Bill	62	2005	50 Mile	8:42:26	10:27	9	M 60-69	1	Jarrettsville	MD
51	Wojnicki	Jerome	39	2008	50 Mile	8:43:37	10:28	13	M 18-39	3	Hamburg	
52	Melrose	Graeme	18	2009	50 Mile	8:43:44	10:28	7	M 18-39	3	Virginia Beach	VA
53	Doody	Paul	48	2008	50 Mile	8:44:39	10:30	14	M 40-49	8	Baldwinsville	
54	Borowski	David	42	2003	50 Mile	8:45:57	10:31	6	M 40-49	2	Auburn	
55	Headwell	Roy	39	2006	50 Mile	8:46:02	10:31	15	M 18-39	4	Cambridge	
56	Smith	Dave	50	2004	50 Mile	8:46:39	10:32	8	M 50-59	3	Williamsville	
57	Optis	Ladislav	30	2009	50 Mile	8:46:44	10:32	8	M 18-39	4	Toronto	ON
58	Fornoff	Bill	61	2004	50 Mile	8:49:06	10:35	9	M 60-69	1	Jarrettsville	MD
59	Groff	David	47	2009	50 Mile	8:50:58	10:37	9	M 40-49	4	Erieville	
60	O'Dell	Ryan	22	2007	50 Mile	8:51:42	10:38	11	M 18-39	5	Liverpool	
61	Pantalone	Michael	38	2007	50 Mile	8:51:42	10:38	10	M 18-39	4	Hatfield	PA
62	Saunders	Kevin	39	2007	50 Mile	8:53:58	10:41	12	M 18-39	6	Rochester	
63	Hrebin	Ryan	24	2006	50 Mile	8:57:55	10:45	16	M 18-39	5	Binghamton	
64	Semon	Mark	39	2003	50 Mile	9:00:40	10:49	7	M 18-39	3	Rochester	
65	Korff	Dan	44	2009	50 Mile	9:02:54	10:51	11	M 40-49	5	Clifton Park	
66	Woodruff	Kevin	51	2008	50 Mile	9:03:38	10:52	16	M 50-59	3	Barker	
67	Hooker	Brian	26	2005	50 Mile	9:03:55	10:53	11	M 18-39	3	Rochester	
68	Borowski	David	43	2004	50 Mile	9:06:08	10:55	10	M 40-49	3	Auburn	
69	Schilling	Mark	28	2007	50 Mile	9:06:22	10:56	13	M 18-39	7	Sauquoit	
70	Bord	Chris	40	2009	50 Mile	9:08:17	10:58	13	M 40-49	6	New Hartford	
71	Gregoire	Keith	38	2004	50 Mile	9:08:49	10:59	11	M 18-39	3	Depew	
72	Higgins	Alan	43	2005	50 Mile	9:10:16	11:00	12	M 40-49	5	Ocoee	FL
73	Weiss	Dave	55	2004	50 Mile	9:15:04	11:06	12	M 50-59	4	Corning	
74	Brown	Richard	38	2005	50 Mile	9:15:30	11:07	14	M 18-39	4	Canandaigua	
75	Wahila	Andrew	23	2007	50 Mile	9:16:14	11:07	14	M 18-39	8	Endicott	
76	Lavner	Mark	47	2003	50 Mile	9:16:44	11:08	8	M 40-49	3	Canandaigua	
77	Smith	Dave	52	2006	50 Mile	9:17:27	11:09	17	M 50-59	3	Williamsville	

78	Lavner	Mark	48	2004	50 Mile	9:17:52	11:09	13	M 40-49	4	Fairport	
79	Van Buren	Roy	44	2006	50 Mile	9:17:52	11:09	18	M 40-49	4	Reading	MA
80	Patterson	Steven	42	2008	50 Mile	9:18:20	11:10	17	M 40-49	9	Cattaraugus	
81	Packard	Joe	46	2009	50 Mile	9:19:37	11:12	15	M 40-49	7	Victor	
82	Schactman	Brian	40	2009	50 Mile	9:20:06	11:12	16	M 40-49	8	Clifton	NJ
83	Baker	Clayton	41	2008	50 Mile	9:20:17	11:12	18	M 40-49	10	Pittsford	
84	Lampman	Jim	26	2009	50 Mile	9:21:22	11:14	17	M 18-39	5	Cato	
85	Ferguson	Clyde	57	2008	50 Mile	9:22:32	11:15	19	M 50-59	4	Lockport	
86	Slough	Brent	21	2004	50 Mile	9:25:10	11:18	14	M 18-39	4	West Point	
87	Palmeri	Jim	62	2004	50 Mile	9:25:36	11:19	15	M 60-69	2	Rochester	
88	Littman	Josh	30	2004	50 Mile	9:25:40	11:19	16	M 18-39	5	New York	
89	Singh	Patrick	45	2004	50 Mile	9:25:41	11:19	17	M 40-49	5	Forest Hills	
90	Prohira	John	50	2004	50 Mile	9:27:10	11:21	20	M 50-59	5	LeRoy	
91	Leonard	Charles	51	2006	50 Mile	9:32:58	11:28	19	M 50-59	4	Freeville	
92	Groff	David	45	2007	50 Mile	9:34:19	11:29	16	M 40-49	6	Erieville	
93	Hooker	Brian	25	2004	50 Mile	9:36:00	11:31	21	M 18-39	6	Rochester	
94	Bakken	Tim	47	2005	50 Mile	9:36:18	11:32	15	M 40-49	6	West Point	
95	Buckwalter	John	49	2007	50 Mile	9:38:18	11:34	17	M 40-49	7	Coraopolis	PA
96	Keefer	Michael	49	2005	50 Mile	9:38:20	11:34	16	M 40-49	7	Rochester	
97	Mallon	Michael	42	2006	50 Mile	9:40:32	11:37	20	M 40-49	5	Yonkers	
98	Gardner	Douglas	42	2008	50 Mile	9:43:30	11:40	20	M 40-49	11	Utica	
99	Worner	Rick	55	2003	50 Mile	9:43:46	11:41	9	M 50-59	1	Rochester	
100	Packard	Joe	40	2003	50 Mile	9:47:37	11:45	10	M 40-49	4	Victor	
101	Doody	Paul	47	2007	50 Mile	9:48:25	11:46	18	M 40-49	8	Baldwinsville	
102	Packard	Joe	40	2004	50 Mile	9:51:43	11:50	22	M 40-49	6	Victor	
103	Ayers	Gerald	39	2008	50 Mile	9:52:50	11:51	21	M 18-39	4	Leroy	
104	Freas	James	34	2009	50 Mile	9:53:06	11:52	20	M 18-39	6	Pennsville	NJ
105	LaDieu	Bill	58	2008	50 Mile	9:56:59	11:56	22	M 50-59	5	Harrisburg	PA
106	Chaffin	Matthew	39	2007	50 Mile	9:57:00	11:56	19	M 18-39	9	Manlius	
107	Hammell	Tim	41	2004	50 Mile	9:59:15	11:59	23	M 40-49	7	East Aurora	
108	Dempsey	Jim	51	2004	50 Mile	9:59:16	11:59	24	M 50-59	6	Bristol	CT
109	Andreas	Donny	41	2008	50 Mile	10:03:02	12:04	23	M 40-49	12	Seneca Falls	
110	Lampman	Jim	25	2008	50 Mile	10:03:02	12:04	24	M 18-39	5	Cato	

111	McFalls	Pat	47	2006	50 Mile	10:04:19	12:05	22	M 40-49	6	Pennellville	
112	Milligan	Joe	71	2006	50 Mile	10:05:38	12:07	23	M 70-79	1	Brockton	MA
113	Banazek	Phillip	42	2007	50 Mile	10:05:43	12:07	20	M 40-49	9	Watertown	
114	Gray	Daniel	44	2007	50 Mile	10:05:43	12:07	21	M 40-49	10	Watertown	
115	Sitter, JR	Richard	67	2006	50 Mile	10:06:26	12:08	24	M 60-69	1	Erie	PA
116	Taggerty	Michael	47	2008	50 Mile	10:07:11	12:09	25	M 40-49	13	Brooklyn	
117	Smith	John O.	48	2007	50 Mile	10:09:18	12:11	22	M 40-49	11	Townville	PA
118	Hazen	Daniel	35	2005	50 Mile	10:10:42	12:13	18	M 18-39	5	Canton	
119	Osredkar	Dan	49	2007	50 Mile	10:11:16	12:14	23	M 40-49	12	Chapel Hill	NC
120	Ferguson	Gary	50	2005	50 Mile	10:12:16	12:15	19	M 50-59	2	Wyalusing	PA
121	Schuttler	Walter	53	2004	50 Mile	10:12:50	12:15	25	M 50-59	7	Seymour	CT
122	Rubeck	Christopher	41	2009	50 Mile	10:13:22	12:16	22	M 40-49	9	Geneseo	
123	Gregoire	Keith	40	2006	50 Mile	10:19:18	12:23	25	M 40-49	7	Williamsville	
124	Luciano	Richard	56	2008	50 Mile	10:19:53	12:24	26	M 50-59	6	Franklin Lakes	NJ
125	Van Buren	Roy	43	2005	50 Mile	10:22:03	12:27	20	M 40-49	8	Reading	MA
126	Hardy	Timothy	46	2007	50 Mile	10:25:14	12:30	24	M 40-49	13	Carthage	
127	Mulcock	Bob	43	2003	50 Mile	10:25:54	12:31	11	M 40-49	5	Canandaigua	
128	Medina	Leonardo	46	2009	50 Mile	10:30:19	12:36	23	M 40-49	10	Brooklyn	
129	Linn	Eric	52	2008	50 Mile	10:32:07	12:39	28	M 50-59	7	Pittsburgh	PA
130	Corbelli	Jim	43	2008	50 Mile	10:32:07	12:39	29	M 40-49	14	Allison Park	PA
131	Brown	Mark	50	2009	50 Mile	10:32:13	12:39	24	M 50-59	2	Collegeville	PA
132	Neff	Kurt	39	2009	50 Mile	10:32:13	12:39	25	M 18-39	7	Boothwyn	PA
133	Weiss	Dave	59	2008	50 Mile	10:41:00	12:49	31	M 50-59	8	Corning	
134	Thomason	Alan	45	2005	50 Mile	10:41:09	12:49	21	M 40-49	9	Fredonia	
135	Byrne	John	39	2005	50 Mile	10:41:09	12:49	22	M 18-39	6	Sodus Point	
136	DiPasquale	Raymond	43	2009	50 Mile	10:42:39	12:51	26	M 40-49	11	Conesus	
137	Lampman	Jim	24	2007	50 Mile	10:45:39	12:55	25	M 18-39	10	Cato	
138	Collins	K	46	2005	50 Mile	10:46:12	12:55	23	M 40-49	10	Guilderland	
139	Micklo	David	37	2006	50 Mile	10:47:06	12:56	26	M 18-39	6	Eighty Four	PA
140	Fornoff	Bill	64	2007	50 Mile	10:47:07	12:56	26	M 60-69	1	Jarrettsville	MD
141	Reardon	Paul	43	2009	50 Mile	10:50:59	13:01	28	M 40-49	12	Princeton	NJ
142	Nielson	Rand E.	52	2004	50 Mile	10:53:29	13:04	26	M 50-59	8	Sandy	UT
143	DiStefano	Michael	21	2008	50 Mile	11:05:03	13:18	32	M 18-39	6	Berkeley Heights	NJ

144	Lampman	Jim	23	2006	50 Mile	11:08:05	13:22	29	M 18-39	7	Cato	
145	Vrboncic	Richard	50	2007	50 Mile	11:11:29	13:26	29	M 50-59	1	Bridgeville	PA
146	Nichols	Tom	41	2007	50 Mile	11:11:30	13:26	30	M 40-49	14	Olyphant	PA
147	Wolk	Stephen	56	2007	50 Mile	11:14:34	13:29	31	M 50-59	2	Sugarloaf	PA
148	Lewis	Michael	29	2007	50 Mile	11:22:33	13:39	33	M 18-39	11	Endicott	
149	Gieg	Kevin	41	2008	50 Mile	11:25:15	13:42	33	M 40-49	15	Pickerington	OH
150	Simons	Dave	47	2009	50 Mile	11:27:18	13:45	33	M 40-49	13	Rochester	
151	Lewis	Michael	28	2006	50 Mile	11:28:05	13:46	30	M 18-39	8	Endicott	
152	Hazen	Daniel	36	2006	50 Mile	11:32:27	13:51	31	M 18-39	9	Canton	
153	Squadrito	Ross	50	2008	50 Mile	11:33:01	13:52	34	M 50-59	9	Palm City	FL
154	Bello	Joseph	64	2009	50 Mile	11:38:15	13:58	34	M 60-69	1	Rochester	
155	Cocquyt	Michael	20	2007	50 Mile	11:39:20	13:59	34	M 18-39	12	Hilton	
156	Fell	Gary	59	2007	50 Mile	11:50:43	14:13	36	M 50-59	3	Avon Lake	OH
157	Packard	Joe	42	2005	50 Mile	11:53:27	14:16	26	M 40-49	11	Victor	
158	McFalls	Pat	50	2009	50 Mile	11:56:09	14:19	35	M 50-59	3	Pennellville	
159	DeChicchis	Jason	32	2007	50 Mile	11:57:47	14:21	37	M 18-39	13	Canonsburg	PA

All Time 50K (various distances approximating 50 kilometers)

All Women - 50K

Rank	Last Name	First Name	Age	Year	Race	Time	Pace	Overall	Category	Place	City	State
1	Cherniak	Daniele	46	2008	50K (31.36 mi)	4:22:57	08:29	2	W 40-49	1	Cohoes	
2	Cherniak	Daniele	47	2009	50K (31.85 mi)	4:35:02	08:38	3	W 40-49	1	Cohoes	
3	Gorka	Barbara	45	2008	50K (31.36 mi)	5:08:08	09:56	6	W 40-49	2	Hamilton	
4	Tily	Lorrie	48	2009	50K (31.85 mi)	5:08:50	09:42	6	W 40-49	2	Locke	
5	Palmieri	Theresa	46	2009	50K (31.85 mi)	5:10:18	09:45	7	W 40-49	3	Buffalo	
6	Stettler	Katherine	42	2007	50K (32.6 mi)	5:16:35	09:43	2	W 40-49	1	Ithaca	
7	King	Rebecca	38	2008	50K (31.36 mi)	5:20:24	10:20	8	W 18-39	1	Norfolk	VA
8	Palmieri	Theresa	43	2006	50K (32.6 mi)	5:22:50	09:54	3	W 40-49	1	Buffalo	
9	Chavez	Christina	36	2008	50K (31.36 mi)	5:26:55	10:33	9	W 18-39	2	Canandaigua	
10	Sumerlin	Anna	20	2008	50K (31.36 mi)	5:26:56	10:33	10	W 18-39	3	Ithaca	
11	Kapfer	Connie	29	2009	50K (31.85 mi)	5:36:58	10:35	15	W 18-39	1	Deerfield	
12	McQueeney-Penamonte	Abby	24	2006	50K (32.6 mi)	5:44:22	10:34	6	W 18-39	1	Mendon	

13	Tily	Lorrie	46	2007	50K (32.6 mi)	5:47:58	10:40	4	W 40-49	2	Locke	
14	Sumrall	Bethany	25	2006	50K (32.6 mi)	6:13:15	11:27	10	W 18-39	2	Columbus	GA
15	Brooks	Linda	46	2006	50K (32.6 mi)	6:24:06	11:47	12	W 40-49	2	Orchard Park	
16	Bushover	Jenny	34	2006	50K (32.6 mi)	6:24:06	11:47	11	W 18-39	3	East Aurora	
17	Adams	Elizabeth	36	2008	50K (31.36 mi)	6:28:15	12:31	17	W 18-39	4	Geneseo	
18	Armstrong	Erika	29	2008	50K (31.36 mi)	6:53:05	13:20	19	W 18-39	5	Fox Lake	IL
19	Clark	Carol	42	2007	50K (32.6 mi)	7:20:41	13:31	11	W 40-49	3	Chapel Hill	NC
20	Fleming	Katherine	36	2007	50K (32.6 mi)	7:29:46	13:48	13	W 18-39	1	Brockport	
21	Peterman	P.J.	55	2007	50K (32.6 mi)	8:09:57	15:02	14	W 50-59	1	Dryden	
22	Stevens	Christine	29	2007	50K (32.6 mi)	8:12:00	15:05	15	W 18-39	2	Newark	

All Men - 50K

Rank	Last Name	First Name	Age	Year	Race	Time	Pace	Overall	Category	Place	City	State
1	Ehnholt	John	42	2008	50K (31.36 mi)	3:43:21	07:12	1	M 40-49	1	Glens Falls	
2	Ehnholt	John	43	2009	50K (31.85 mi)	4:09:28	07:50	1	M 40-49	1	Glens Falls	
3	Mickey	Daniel	41	2009	50K (31.85 mi)	4:31:53	08:32	2	M 40-49	2	Toms River	NJ
4	Wahila	Andrew	22	2006	50K (32.6 mi)	4:34:09	08:25	1	M 18-39	1	Endicott	
5	Money	Travis	28	2008	50K (31.36 mi)	4:39:19	09:01	3	M 18-39	1	Canandaigua	
6	Thomson	Joshua	20	2008	50K (31.36 mi)	4:39:57	09:02	4	M 18-39	2	Rochester	
7	Money	Travis	29	2009	50K (31.85 mi)	4:43:07	08:53	4	M 18-39	1	Canandaigua	
8	Reyes	Axel	45	2007	50K (32.6 mi)	4:46:37	08:47	1	M 40-49	1	Ave Laguna Carolina	PR
9	Riccardi	Patrick	58	2008	50K (31.36 mi)	4:59:19	09:39	5	M 50-59	1	Syracuse	
10	Langan	Mike	50	2009	50K (31.85 mi)	5:01:35	09:28	5	M 50-59	1	Manlius	
11	Paroz	Timothy	30	2009	50K (31.85 mi)	5:11:41	09:47	8	M 18-39	2	Burghill	OH
12	Paroz	Paul	66	2009	50K (31.85 mi)	5:11:41	09:47	9	M 60-69	1	Burghill	OH
13	Vengrove	Marc	50	2006	50K (32.6 mi)	5:15:03	09:40	2	M 50-59	1	Allentown	PA
14	Baker	Chris	37	2009	50K (31.85 mi)	5:16:00	09:55	10	M 18-39	3	Etobicoke	ON
15	King	Thomas	39	2008	50K (31.36 mi)	5:20:24	10:20	7	M 18-39	3	Norfolk	VA
16	Copeland	Mike	32	2009	50K (31.85 mi)	5:20:51	10:04	11	M 18-39	4	Farmington	
17	Groff	David	44	2006	50K (32.6 mi)	5:23:42	09:56	4	M 40-49	1	Erieville	
18	Washburn	Christopher	47	2009	50K (31.85 mi)	5:24:54	10:12	12	M 40-49	3	Newark	
19	Kapfer	Robert	30	2009	50K (31.85 mi)	5:25:12	10:13	13	M 18-39	5	Deerfield	
20	Weiss	Dave	60	2009	50K (31.85 mi)	5:32:26	10:26	14	M 60-69	2	Corning	

21	Bord	Chris	39	2008	50K (31.36 mi)	5:36:21	10:51	11	M 18-39	4	New Hartford	
22	Viggiani	David	42	2008	50K (31.36 mi)	5:39:31	10:57	12	M 40-49	2	Canandaigua	
23	Evans	Mark	52	2007	50K (32.6 mi)	5:39:33	10:25	3	M 50-59	1	Grafton	OH
24	Berson	Marc	48	2006	50K (32.6 mi)	5:39:46	10:25	5	M 40-49	2	Orefield	PA
25	Reynolds	Joseph	65	2009	50K (31.85 mi)	5:44:27	10:49	16	M 60-69	3	Newfield	
26	Ferguson	Gary	52	2007	50K (32.6 mi)	5:50:02	10:44	5	M 50-59	2	Wyalusing	PA
27	Leonard	Charles	52	2007	50K (32.6 mi)	5:54:09	10:52	6	M 50-59	3	Freeville	
28	Weiss	Dave	57	2006	50K (32.6 mi)	5:55:40	10:55	7	M 50-59	2	Corning	
29	Keefer	Michael	50	2006	50K (32.6 mi)	5:56:07	10:55	8	M 50-59	3	Rochester	
30	Neff	Kurt	38	2008	50K (31.36 mi)	6:04:52	11:46	13	M 18-39	5	Boothwyn	PA
31	Brown	Mark	49	2008	50K (31.36 mi)	6:04:52	11:46	14	M 40-49	3	Collegeville	PA
32	Andreas	Donny	39	2006	50K (32.6 mi)	6:06:45	11:15	9	M 18-39	2	Seneca Falls	
33	Hanley	Brian	38	2009	50K (31.85 mi)	6:06:45	11:31	17	M 18-39	6	Fairport	
34	Gates	Bob	47	2008	50K (31.36 mi)	6:14:54	12:06	15	M 40-49	4	Hamlin	
35	Bray	Edward	63	2008	50K (31.36 mi)	6:15:23	12:07	16	M 60-69	1	Edinboro	PA
36	Weiss	Dave	58	2007	50K (32.6 mi)	6:17:56	11:36	7	M 50-59	4	Corning	
37	Bello	Joseph	64	2008	50K (31.36 mi)	6:29:08	12:33	18	M 60-69	2	Rochester	
38	Miner	James	59	2007	50K (32.6 mi)	6:33:28	12:04	8	M 50-59	5	Dryden	
39	Pegels	Carl	76	2009	50K (31.85 mi)	6:38:24	12:31	18	M 70-79	1	Buffalo	
40	Neumann	Stan	68	2007	50K (32.6 mi)	6:44:36	12:25	9	M 60-69	1	Timonium	MD
41	Familo	Sam	53	2007	50K (32.6 mi)	6:49:30	12:34	10	M 50-59	6	Fulton	
42	De Risio	Marcelo	48	2009	50K (31.85 mi)	6:51:53	12:56	19	M 40-49	4	Penfield	
43	Kelly	Brian	22	2007	50K (32.6 mi)	7:21:08	13:32	12	M 18-39	1	Essex Junction	VT
44	Constantine	Thomas	58	2009	50K (31.85 mi)	7:38:25	14:24	20	M 50-59	2	Amsterdam	
45	Woodley	Steve	48	2009	50K (31.85 mi)	7:52:14	14:50	21	M 40-49	5	Ontario	
46	Yeoman	Jared	25	2007	50K (32.6 mi)	8:17:16	15:15	16	M 18-39	2	Webster	
47	Clukies	Don	65	2007	50K (32.6 mi)	8:30:22	15:39	17	M 60-69	2	Portsmouth	RI
48	Sezna	William	61	2008	50K (31.36 mi)	8:44:12	16:55	20	M 60-69	3	Elizabethtown	
49	Higgins	Jim	50	2007	50K (32.6 mi)	9:19:35	17:10	18	M 50-59	7	Yardley	PA
50	Bruckert	Eugene	72	2007	50K (32.6 mi)	9:35:41	17:40	19	M 70-79	3	Arlington Heights	IL
51	Sezna	William	62	2009	50K (31.85 mi)	9:48:36	18:29	22	M 60-69	4	Elizabethtown	